ift
Systemic Social Action

The IFT Satellite Training Programme

The Institute of Family Therapy is the leading training organisation for systemic psychotherapy practice in the UK.

We are highly respected in the field and have a firmly established national and international reputation for high standards and excellence

Our programme offers high quality training in the field of systemic psychotherapy with families, couples and individuals.

The experience we've gained through working with many organisations in many contexts means we are well placed to offer training solutions that can meet your specific needs.

THE IFT SATELLITE TRAINING PROGRAMME

SOME OF THE THE CHALLENGES YOU MAY FACE

We recognise that within the current climate you may be looking for solutions to a number of challenges such as;

- How to support and maintain a strong and safe leadership team
- How to retain staff and use training as a way to invest in their future and make them feel valued
- How to embrace and manage change. It's an ongoing process that can bring additional challenges to staff and leaders which we all need to embrace effectively.
- How to create and grow a context for excellence in practice

WE CAN PROVIDE SOLUTIONS TO THOSE CHALLENGES

We take pride in the belief that our satellite training programme retains the integrity and robustness of our systemic training courses.
Taught by experts in the field, they embed systemic ideas into the abilities of leaders and social workers to understand, intervene and reflect on work practices and relationship building better outcomes.

IFT trainings can have significant impact on how services respond to change and challenge linked directly to your current service priorities.

THE IFT SATELLITE TRAINING PROGRAMME

ift
Systemic Social Action

OUR CURRENT TRAINING SOLUTIONS INCLUDE

Introduction to Systemic Practice days
with opportunities to consider whole organisation ways of working or an overview of systemic practice

Foundation Courses in Systemic Practice
potential leading to further professional qualifications

Bespoke courses
which may range in duration or around specific client groups or needs for example gangs, exploitation or sexually harmful behaviour.

Action Learning Sets
when considering organisational change and development

Leadership and Management courses
draw upon a systemic approach to develop knowledge and skills in undertaking leadership and management tasks

Consultation and Supervision Services
focuses on the dilemmas staff are facing within their work place

Coaching
helps people connect to their strengths, resources and gifts. Systemic ideas and techniques are best placed to support people to unlock their potential to maximise performance

THE IFT SATELLITE TRAINING PROGRAMME

FEEDBACK SHOWS THAT MANY PARTICIPANTS HAVE BEEN HIGHLY IMPACTED BY OUR TRAININGS

They are:

- More aware of the impact relationships have across multiple avenues
- More alert to the effect they have on others and make more intentional efforts to change their interactions.
- More able to co-produce and work alongside families, enabling more effective use of early help and support
- More able to deliver quality systemic social work interventions thereby increasing morale and achieving better outcomes for families

ift
Systemic Social Action

NEXT STEPS

Please do contact us if you feel IFT may be able to support your organisation in any aspect of service development or to address a specific challenge

We will meet with you to understand your particular issues and discuss the outcomes you would like to achieve.

All initial consultations are free and we will do all we can to support your development journey.

CONTACT US

INFO@IFT.ORG.UK

020 7391 9150

1-4 Great Tower Street
London, EC3R 5AA